

## Splash, crackle and pop

Kids love bathtime but sometimes continuous splashing of mum or dad (which is hilarious every time of course) can get a bit tiresome. Well here's your answer – sprinkle some crackling bath pops and coloured foams (£2.99 for three sachets) from Tinti into their bath and they'll be entertained for, well...minutes at least.



## GLOSSYLOCKS

Hair takes a battering in the winter months. What with central heating going full steam and the frosty conditions outside, split ends are bound to appear in force. So give your locks a bit of treat with Repair Hair Mask (£16.80) from Rainbow Room International.

Just pop on for 15 minutes and the white tea and jojoba extracts will smooth the hair cuticles and inject much needed moisture.



## Blighty good

Add a bit of Rule Britannia to your skincare regime with Natural Empathy's new hand and body lotion (£15). As well as providing tip-top moisturising it looks good too – in fact the bottle works just as well as an ornament. And just so you know, the British theme isn't just for show, the range was designed and produced in Northumberland and the scent was created to 'evoke a sense of England'.

## Two for one

We know men like things easy. So to simplify life for you, we've found a two-in-one shower solution you'll love. PureMAN's hair and body wash (£8.49) is a simple way to wash all over with

one handy bottle. Plus it's all natural, meaning you can be safe in the knowledge that you're not using girly concoctions but rugged, straight-from-nature goodness.



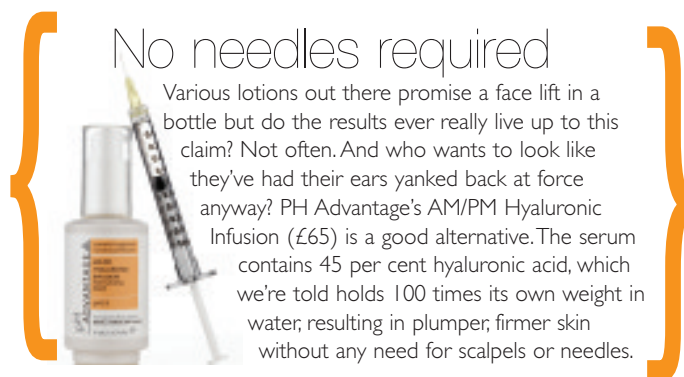
## Healing kiss

Do your bit for poorly children this month by investing in Clinique's new Kiss it Better lipgloss. Clinique has partnered Great Ormond Street Hospital to offer a special edition I♥Kisses shade (£13, £2 goes to GOSH). All money raised goes to the Kiss It Better appeal, to fund research into the causes and treatment of childhood cancer. Get yours from [clinique.co.uk](http://clinique.co.uk).



## No needles required

Various lotions out there promise a face lift in a bottle but do the results ever really live up to this claim? Not often. And who wants to look like they've had their ears yanked back at force anyway? PH Advantage's AM/PM Hyaluronic Infusion (£65) is a good alternative. The serum contains 45 per cent hyaluronic acid, which we're told holds 100 times its own weight in water, resulting in plumper, firmer skin without any need for scalpels or needles.



Health & beauty